

# Downtown Denver Expeditionary School

## Physical Examination

(To be completed by a Non-Related Physician)

DATE:

STUDENT'S NAME: \_\_\_\_\_

DATE of BIRTH: \_\_\_\_\_

### To the Examining Physician:

Downtown Denver Expeditionary School conducts year-round wilderness and urban trips, which may be physically and mentally demanding. Students may sleep in tents or under improvised shelters. We provide suitable equipment and ample meals, and we try to meet special dietary requirements. Strenuous physical activity may include: walking on uneven terrain; carrying 45lb packs (for older students); immersion in cold water; adjusting quickly to altitudes of up to 14,000 ft.; high altitude hiking or running. Downtown Denver Expeditionary School is dedicated to ensuring thorough and comprehensive medical evaluation and screening for all students. As the student's primary health care provider, you know your patient best and you are in the best position to evaluate and advise the student on medical issues; your input is vital. Our goal is to provide this student with a rewarding and safe experience! Thank you for your help.

### History and Summary of Active Medical Problems, Restrictions, and Allergies:

Height Weight: lbs. Blood Pressure: / Pulse Rate: Irregularities? Yes No

### Allergies:

Life Threatening? No \_\_\_\_\_ Yes \_\_\_\_\_  
Food Allergy? No \_\_\_\_\_ Yes \_\_\_\_\_  
Medication Allergy? No \_\_\_\_\_ Yes \_\_\_\_\_  
Environmental Allergy? No \_\_\_\_\_ Yes \_\_\_\_\_

(Please check and describe)

	Normal	Describe if abnormal
Ears/Nose/Throat		
Eyes/Vision		
Mouth/Dental		
Neck/Vertebrae		
Endocrine		
Thorax & Lungs		
Heart/Blood/Vessels		
Abdomen		
Urinary/Genitals		
Neuro		
Lymph Nodes		
Skin		

Extremities		
Behavioral/Emotional/Mental		
Other		

**Conclusion**

**On the basis of my past knowledge, the applicant's medical history and the present physical examination of this applicant, I feel this individual can participate in any DDES School program? Yes No**

Name of examining physician (please print):

Address:

City: State: Zip Code: Telephone:

Physician's Signature Date of Exam

**Downtown Denver Expeditionary School**  
1860 Lincoln St. Denver, CO. 80203

**FAMILIES -PLEASE NOTIFY DOWNTOWN DENVER EXPEDITIONARY SCHOOL IF ANY INFORMATION CHANGES DURING THE SCHOOL YEAR**